

Wellness Wednesdays



Household Safety

St. Luke's and your HTC want to ensure that your home and your children are safe. Here are some available programs and resources that you may not have known existed. Reach out to Diane or Alicia if you have any of these needs and we can connect you to the appropriate personnel or send you the requested resources.



Lock Box Program

Available for pediatric patients with depression, suicidal ideation, or the potential for overdose.



Car Seat Program

Offers education and evaluation of car seat. When necessary a donation of a car seat.



Helmet Program

Bike, ATV, and ski helmet donations. Fitting education available.



Gun Locks

Trigger lock and education materials for patients who have a gun in the home.



Home Safety Kit

Door knob covers, cabinet latches, plug protectorts, and window locks and pediatric patients.



Safe Sleep

Safe sleep essentials for patients who do not have a safe place for their baby. Education also available.



Water Safety

Life jacket donations available.



Fire Safety

Smoke detectors and carbon monoxide detector donations.

Visit <u>A Guide to Home Safety: Identifying and Preventing Hazards | SafeHome.org</u> as an additional resource to home safety and keeping your children free from harm.

If you would like more information or want to speak with your HTC Team about Wednesday Wellness, please contact Diane or Alicia at (208) 381-2782.