

## Wellness Wednesdays



## **Favorite BBQ Potluck Recipe**

The summer has arrived with warmer weather, BBQs, and holiday gatherings. As we celebrate with food, family & friends, the HTC would like to invite you to try some of our favorite summer potluck recipes!



Clare Zamzow (Dietician): Idaho Garden Quinoa Salad Idaho Garden Quinoa Salad | Recipes | Idaho Preferred

Diane Bartlett (Program Manager & Social Worker): Texas Chocolate Sheet Cake Best Texas Sheet Cake - Chocolate Sheet Cake Recipe (thepioneerwoman.com)





Alicia Osgood (RN Navigator): Deviled Eggs

<u>Deviled Eggs Recipe (oprah.com)</u>

If you would like more information or want to speak with your HTC Team about Wednesday Wellness, please contact Diane or Alicia at (208) 381-2782.