

<u>Q1</u>

JANUARY

12: VWD Me Family Cooking Night Kick off | Virtual16: Advocacy Program Series | Virtual25: Backpack for Bleeder | Virtual

FEBRUARY

3: Family Night Sledding | Eagle Island 5: VWD Me | Virtual 20: State Advocacy Day | Boise 27: Educational Dinner | Caldwell

MARCH

Bleeding Disorders Awareness Month 4: VWD ME | Virtual 6-8: Washington Days | Washington DC 12: Guys Night | Meridian 23: Educational Dinner | Mountain Home 28: Advocacy Program Series | Virtual

<u>Q2</u>

APRIL

1: VWD ME | Virtual 5-7: Women's Retreat | Sun Valley 17: World Hemophilia Day ED Dinner | Victor 29 – May 2 Idaho Gives | Check Social Media

MAY

4: Unite Walk | Meridian 6: VWD ME | Idaho Falls 18: Family Night Top Golf | Meridian

JUNE

3: VWD ME | Virtual
6: Educational Dinner | Twin Falls
10: Camp Kick-off | Virtual
18: Backpacks for Bleeder | Virtual
26-29: Camp Red Sunrise | Sawtooth Camp Ground

JULY

1: VWD Me | Virtual 18: Family Night Rodeo | Nampa

AUGUST

9-10: Family Education Weekend | Boise 17: Back to School Night | Boise

SEPTEMBER

VWD Education and Appreciation Month

- 12-14: NBDF Bleeding Disorder Conference | Alanta GA
- 3: VWD Educational Night | Virtual
- 17: Backpacks for Bleeders | Virtual
- 19: VWD Educational Night | Virtual
- 24: VWD Educational Night | Virtual

<u>Q4</u>

OCTOBER

1: Top Golf Fundraiser | Meridian 7: VWD Me | Twin Falls 18-19: Fall Guys Retreat |Fairfield

NOVEMBER

Backpack for Bleeders | Boise
 VWD Me | Virtual
 Educational Dinner | Pocatello
 Advocacy Programming Series | Virtual

DECEMBER

2: VWD Me | Virtual 3: Giving Tuesday | Check Social Media 7: Holiday Party | Meridian 17: Ladies Night | Virtual

<u>Q3</u>

To help improve the Idaho Bleeding Disorder community, volunteer today to help plan any of these events. Please send us an email at idaho@hemophilia.org